

## Opening Doors to Employment virtual course for parents



Looking for a fresh start when the kids go back to school in September? Do these thoughts sound familiar, then this course is for YOU!

I'd like to go back to work but want to explore other career options which fit round the family

I want help with CV Writing and Job Applications

I'm struggling to know where to look for work and would welcome guidance

I'm worried about finances and am uncertain how working may affect my benefits

I'm unsure about my qualities and skills and how to get these across during an interview

I feel nervous about interviews and want to know how to prepare

I want to update and refresh my skills but don't know where to begin

I'm in need of a real confidence boost!

"Before the course I was lost and didn't know how to tackle looking for work. It was daunting but doing the course has given me the kickstart I needed to go out there and do it."

"I feel a lot more confident than before."

Comments from a parent who applied for a job and was offered it within a week of doing the course!

100% of parents who have attend the course said they would recommend it to others.

4 x 1-hour sessions for parents with children aged 0-19 (25 if SEND)

Starts 10 o'clock on Thursday 8<sup>th</sup>, 15<sup>th</sup>, 22<sup>nd</sup> and 29<sup>th</sup> September 2022

To book your place or to discuss whether this course is right for you

please email: beststart@eyalliance.org.uk (include in your email your full name,

child/ren full name, postcode, phone number and name of course 'Opening Doors to Employment')